

Student Promotion Qualifier Card – Gold 3

Name: _____ Emergency Contact/#: _____
 Start Date: ____/____/____ Renewal Date: ____/____/____ Basic Membership _____ Black Belt Club _____
 _____ Tournament _____ Referral _____ Academic Achievement _____ Report Card _____ Chore List _____

Requirement	1st	2nd	Tip	3rd	4th	Comments
1. Basic Movements (Gi Cho):						
1. Horse & Back Stances						
2. I/O Block; Side Block						
3. O/I Block						
4. Center & High Punch						
5. Horse stance Punch						
6. Side, Hook, & O/I Kicks						
2. Hyung: Gi Cho Hyung Il Bu						
3. One-Step #4						
4. Sparring Combo #4						
5. Self-Defense (Cross #4)						
6. Breaking						
7. Terminology 31-40						
31. Roundhouse Kick						
32. Concentration						
33. Senior Black Belt						
34. Black Belt						
35. Color Belt Member						
36. Student Member						
37. Beginner						
38. Bow, Grandmaster						
39. Bow, Master Instructor						
40. Bow, Cert. Instructor						
8. Essay (1-2 pages, typed)						

Attendance

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16